Guidebook to Champaign–Urbana Programs & Services

New American Welcome Center
YMCA of the University of Illinois

Call us today for help connecting to resources: (217) 417-5897
Or visit: www.universityymca.org/welcome
THE NEW AMERICAN WELCOME CENTER

WHO WE ARE

The New American Welcome Center (NAWC) is a program of the YMCA of the University of Illinois at Urbana-Champaign. The NAWC was established in December, 2016 to encourage the integration and inclusion of immigrants and refugees in Champaign County.

WHAT WE DO

The New American Welcome Center helps immigrants fully integrate into American society and prepares receiving communities around Champaign County to be welcoming and inclusive. By engaging local institutions and mobilizing community resources, we help make our community a place where newcomers and immigrants can thrive and flourish.

HOW TO USE THIS GUIDE

This guide contains a list of organizations and programs that provide services in Champaign-Urbana. They are organized alphabetically by topic. Additionally, there is a glossary on page 31 with more information about each service provider, such as programs offered, hours of operation, or languages in which they can provide services.

LET US HELP

If you need additional information about any of the services listed or would like help contacting a service provider, please call our helpline, La Línea, at (217) 417-5897. And remember that we are dedicated to helping every individual regardless of immigration status. Please do not hesitate to contact us with any concern you may have. We are here for everyone.

SYMBOLS YOU WILL SEE:
- F: indicated availability of French language interpretation
- S: indicates availability of Spanish language interpretation
- *: indicates availability of interpretation in multiple languages
- #: indicates free or low-cost services
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Programs and Services
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ABUSE, DOMESTIC VIOLENCE & NEGLECT
Organizations that advocate, counsel and assist those who have experienced cruelty

Adult Protective Services (Family Service of Champaign County) 5* (217) 352-5100
405 S. State St., Champaign, IL 61820 www.famservcc.org/adult-protective-services

Champaign County Children’s Advocacy Center* (217) 384-1266
201 W. Kenyon Rd., Ste. 1, Champaign, IL 61820 www.co.champaign.il.us/CAC

Courage Connection 5 (217) 352-7151
508 E. Church St., Champaign, IL 61820 www.courageconnection.org

Crisis Nursery1 5* (217) 337-2731
1309 W. Hill St., Urbana, IL 61801 www.crisisnursery.net

Illini Christian Ministries Safe Families Program 5 (217) 355-4446
3 Henson Pl., Ste. 1, Champaign, IL 61820 www.icmfamily.org/safe-families

The Immigration Project2 5* (309) 829-8703
505 W. University Ave., Ste. 214, Champaign, IL 61801 www.immigrationproject.org

R.A.C.E.S.3† (Rape Advocacy, Counseling, and Education Services) (217) 344-6298
301 S. Vine St., Lincoln Square Mall Suite 211, Urbana, IL 61801 www.cu-races.org
By appointment only

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1 Also see Children’s Education & Childcare (p. 7)
2 Also see Citizenship (p. 8) and Legal: Immigration (p. 31)
3 Also see Healthcare: Mental Health & Counseling (p. 22)
ADULT EDUCATION & ESL

*Individual tutoring or group classes to help improve speaking, reading, and writing skills*

Below are conversation and tutoring groups

**English Corner** ‡ ...............................................................(309) 531-9531
810 W. Oregon St., Urbana, IL 61801  
*Call for times*

**International Hospitality Committee Friendship Group** ‡...............................(217) 333-1303
*Call for times and location*  
www.isss.illinois.edu/involved/ihc_friendship.html

**International Women’s Connection** ‡ ...............................................................(217) 344-0641
806 West Michigan Street, Urbana, IL 61801  
*Wednesdays from 9:00am-10:00am, beginning Sept 5*

**Project READ (Parkland College)** ‡ ...............................................................(217) 353-2662
2400 W. Bradley Ave., Champaign, IL 61821  

**Wesley Foundation, International Coffee Hour** ‡ ...............................................................(217) 344-1120
1203 West Green Street, Urbana 61801  
www.wesleyui.org/international  
*Fridays from 4pm-6pm*

For formally instructed English classes, go to the next page.
ADULT EDUCATION & ESL (CONTINUED)

Below are formally instructed English language classes

English as a Second Language Class ‡ .......................................................... raymcd@yahoo.com
Saint Andrew's Campus Center, 909 S. Wright St., Champaign, IL 61820

First Presbyterian ESL Program ‡ .......................................................... (217) 356-7238
302 W. Church St., Champaign, IL 61820  www.esl@firspres.church

First United Methodist Church of Urbana (ESL Drop-In Center) ‡ .......... (217) 367-8387
304 S. Race St., Urbana, IL 61801  www.fumc-urbana.org
Mondays 6:30pm-8:00pm and Thursday 10am-11:30am (with childcare), beginning late August

International Hospitality Committee English Classes ‡ .................................. (217) 333-1303
Call for times and location  www.isss.illinois.edu/involved/ihc_english.html

Mattis Avenue Free Methodist Church ‡ .................................................. (217) 355-5947
1913 S. Mattis Ave., Champaign, IL 61821  www.Mattisave.org/english-conversation

Parkland College Adult and Workforce Education ........................................... (217) 351-2580
2400 West Bradley Avenue, Champaign 61821
www.parkland.edu/Main/Academics/Departments/Adult-Education

Urbana Adult Education Center 4, 5 .......................................................... (217) 384-3530
211 N. Race St., Urbana, IL 61801  www.urbanaadulteducation.org

Wesley Foundation ‡ .............................................................................. 217-344-1120
1203 West Green Street, Urbana 61801  www.wesleyui.org/international

ESL Classes currently Fridays 3pm - 4pm

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4 Also see Citizenship (p. 8)
CHILDREN’S EDUCATION & CHILDCARE

Programs that enhance child development through knowledge and skills building

Before and After School Child Care Program .............................................................................. (217) 384-3536
Several locations  www.usd116.org/programs/bssccp-asccp

Champaign County Early Head Start/ Head Start
809 N. Neil St., Champaign, IL 61820 ......................................................................................... (217) 384-1200
1603 E. Mumford Dr., Urbana, IL 61802 ..................................................................................... (217) 278-4461
www.ccrpc.org/headstart

Child Care Resource Services ................................................................. (217) 333-3252
905 S. Goodwin Ave, 314 Bevier Hall, Urbana, IL, 61801  www.ccrs.illinois.edu

Crisis Nursery ................................................................. (217) 337-2731
1309 W. Hill St., Urbana, IL, 61801  www.crisisnursery.net

Don Moyer Boys & Girls Club ................................................................. (217) 355-5437
201 E. Park St., Champaign, IL 61820  www.dmbgc.org

Kids Plus Before & After School Program .............................................................................. (217) 351-3719
703 S. New St., Champaign, Il 61820  www.champaignschools.org/pages/kids-plus/welcome

READY Program †
(Regional Educational Alternative for Developing Youth) .................................................. (217) 239-0322
45 E. University Ave., Champaign, IL 61820  www.readyprogram.org

Regional Office of Education 9 † ................................................................................................. (217) 893-3219
3358 Big Pine Trail, Champaign, IL 61822  www.roe9.k12.il.us/homeless-mckinney-vento

5 Also see Abuse, Domestic Violence & Neglect (p. 4)
CITIZENSHIP

Organizations and services that assist immigrants seeking immigration assistance

Citizenship Assistance

ECIRMAC6 SF*
(East Central Illinois Refugee Mutual Assistance Center)..............................(217) 344-8455 302 S. Birch St., Urbana, IL 61801 www.ecirmac.org

New American Welcome Center (NAWC)7 SfS ..................................................................(217) 417-5897 1001 S. Wright St., Champaign, IL 61820 www.universityymca.org/welcome

Urbana Adult Education Center8 S ..........................................................(217) 384-3530 211 N. Race St., Urbana, IL 61801 www.urbanaadulteducation.org

Legal Aid

The Immigration Project9 S ............................................................................(309) 829-8703 505 W. University Ave., Ste. 214, Champaign, IL 61801 www.immigrationproject.org

Law Office of Jason L. Spangehl10 ..............................................................(217) 552-6114 302 W. Hill St #104, Champaign, IL 61820
Immigration Law


Matt Kuenning | Erwin, Martinkus, & Cole, LTD12 S ............................................(217) 351-4040 411 W. University Ave., Champaign, IL 61820 www.emclawgroup.com Immigration Law

Roaa Al-Heeti | Dodd & Maatuka13 * .................................................................(217) 356-9500 303 S. Mattis Ave., Suite 201, Champaign, IL 61821 www.madelaw.net Corporate and Business Law, Immigration, Real Estate, Guardianship, Estate Planning, Wills, and Trusts

6 Also see Immigrant & Refugee Services (p. 28)
7 Also see Community Information (p. 10), Immigrant & Refugee Services (p. 28), and Legal: General (p. 29)
8 Also see Adult Education & ESL (p. 6)
9 Also see Abuse, Domestic Violence & Neglect (p. 4) Legal: Immigration (p. 31)
10 Also see Legal: Immigration (p. 31)
11 Also see Legal: General (p. 29) and Legal: Immigration (p. 31)
12 Also see Legal: Immigration (p. 31)
13 Also see Legal: General (p. 30) and Legal: Immigration (p. 31)
CLOTHING ASSISTANCE
Garments, shoes, jewelry, and more for low-income individuals

Connections | The Courage Connection Store‡ .............................................................(217) 384-2158
201 Lincoln Square, Urbana, IL 61801  www.courageconnection.org/about-our-store

Goodwill‡
114 N. Vine St., Urbana, IL 61802...........................................................................(217) 607-5257
912 W. Anthony Dr., Champaign, IL 61821 .......................................................(217) 280-1870
www.goodwill.org

Salt & Light Ministries14‡ ..........................................................................................(217) 355-5654
1512 W. Anthony Dr., Champaign, IL 61821  www.saltandlightministry.org
1819 S. Philo Rd., Urbana, IL 61802

Salvation Army15‡ .....................................................................................................(217) 373-7832
2212 N. Market, Champaign, IL 61822  www.sachampaign.org
502 N. Prospect Ave, Champaign, IL 61820

Warm-A-Kid Drive (Champaign Unit #4 School District)‡ ....................................(217) 351-3701
703 S. New St, Champaign, IL 61820

14 Also see Employment (p. 12), Financial Assistance & Tax Info (p.14), and Food Assistance (p. 17)
15 Also see Housing & Relocation (p. 25)
COMMUNITY INFORMATION

Information on community businesses, events, travel, and fun

2-1-1 Information & Referral‡................................................................. 2-1-1 OR (888) 865-9903
Free service connecting individuals to local resources  www.findhelp211.org

Chambanamoms.com‡............................................................................ www.chambanamoms.com
Family friendly information resource from schools to food
to businesses to events. Emphasis on free and low-cost family fun

Champaign Park District‡ ......................................................................... (217) 398-2550
Free, fun programs for the whole family  www.champaignparks.com

Disability Resource Expo ........................................................................ (217) 367-5703
1776 E. Washington, Urbana, IL 61802  www.disabilityresourceexpo.org

LGBT Resource Center‡ .......................................................................... (217) 244-0088
1401 W. Green St., Room 323, Urbana, IL 61801  www.oiir.illinois.edu/lgbt-resource-center

New American Welcome Center (NAWC)16‡ ........................................... (217) 417-5897
1001 S. Wright St., Champaign, IL 61820  www.universityymca.org/welcome
Free community helpline that connects individuals to local programs and services

Smile Politely‡ .......................................................................................... smilepolitely.com
Information resource for local culture and arts, community events, food

Urbana Park District‡ ................................................................................ (217) 367-1544
Free, fun programs for the whole family  www.urbanaparks.org

Visit Champaign County‡ ....................................................................... www.visitchampaigncounty.org
Information on Champaign County travel, tourism, and community events

YourewelcomeCU.com‡ .............................................................................. www.yourewelcomecu.com
Job board as well as community information

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16 Also see Citizenship (p. 8), Immigrant & Refugee Services (p. 28), and Legal: General (p. 29)
17 Also see Employment (p. 13)
DRUG & ALCOHOL TREATMENT

Behavioral health programs for children, teens, families and individual adults

Alcoholics Anonymous † ................................................................. (217) 373-4200
1400 W. Park St., Auditorium B, Urbana, IL 61801
www.aaeci.org

C-U at Home † ........................................................................... (217) 819-4569
70 E. Washington St, Champaign, IL 61820
www.cuathome.us

Narcotics Anonymous .................................................................. (800) 407-7195
Various Meeting Locations
www.narcotics.com/na-meetings/illinois/champaign

P.A.T.S. Prevention and Treatment Services † SF ...................... (217) 954-1128
300 S. Broadway Ave., Ste. 110A, Urbana, IL 61801
www.patspreventionandtreatmentsservices.com

Rosecrance
Crisis Line (217) 359-4141
1801 Fox Dr., Champaign, IL 61820 ............................................. (217) 398-8080
Outpatient: substance abuse groups, adolescent services, mental health counseling

801 N. Walnut St., Champaign, IL 61820 ...................................... (217) 373-2430
Outpatient services: substance abuse groups, mental health case management, crisis assessments, criminal-justice-related services

122 W. Hill St., Champaign, IL 61820 ........................................... (217) 356-7576
Inpatient services

718 W. Killarney Ave., Urbana, IL 61801 ..................................... (217) 328-4500
Outpatient services: substance abuse walk-ins, counseling services, drug court services

www.rosecrancechampaignurbana.org

The Pavilion † ...........................................................................(217) 373-1700
809 W. Church St., Champaign, IL 61820
www.pavilionhospital.com

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† Also see Housing & Relocation (p. 25) and Transportation (p. 33)
SF Also see Healthcare: Men’s Health & Counseling (p. 22)
SF Also see Healthcare: Children (p. 19)
EMPLOYMENT

Organizations that offer job trainings, job search assistance, and other services

Business Development

Illinois Small Business Development Center (SBDC) .................................................. (217) 378-8535
1817 S. Neil St., Suite 100, Champaign, IL 61820  www.cusbdc.org

Launch at the Library Business Services .................................................. (217) 403-2070
200 W. Green St., Champaign, IL 61820  www.champaign.org/business-services

Illinois Department of Employment Security (IDES) .................................................. (217) 278-5710
1307 N. Mattis Ave., Champaign, IL 61821  www.ides.illinois.gov/pages/default.aspx

Workforce Innovation and Opportunity Act (WIOA) at Champaign County Regional Planning Commission (CCRPC) .................................................. (217) 328-3313
1776 E. Washington St., Urbana, IL 61802  www.ccrpc.org/programs/workforce-development

Job Training

Champaign County Economic Development Corporation (CCEDC) ................ (217) 359-6261
1817 S. Neil St., Suite 100, Champaign, IL 61820  www.champaigncountyedc.org

Champaign County Regional Planning Commission (CCRPC) ................ (217) 531-8268
1776 E. Washington St., Urbana, IL 61802  www.ccrpc.org/programs/workforce-development

Cunningham Children’s Home Vocational Options Program .................. (217) 337-9046
1301 N. Cunningham Ave., Urbana, IL 61803  www.cunninghamhome.org/programs/community-services/vocational-options-program

Cunningham Township Supervisor’s Office .................................................. (217) 384-4144
205 W. Green St., Urbana, IL 61801  www.bit.ly/2NUgdEN

Salt & Light Ministries†† .................................................. (217) 355-5654
1819 S. Philo Rd., Urbana, IL 61802  www.saltandlightministry.org

†† Also see Clothing Assistance (p. 9), Financial Assistance & Tax Info (p. 14), and Food Assistance (p. 17)

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EMPLOYMENT (CONTINUED)

Upwardly Global ........................................................................................................(312) 431-1923
123 W. Madison St., Chicago, IL 60602  www.upwardlyglobal.org

Workforce Innovation and Opportunity Act (WIOA) at Champaign County Regional
Planning Commission (CCRPC) ..............................................................................(217) 328-3313
1776 E. Washington St., Urbana, IL 61802  www.crcpc.org/programs/workforce-development

Temporary Work and Job Search

Adecco Staffing ........................................................................................................(217) 355-2342
1805 W. Kirby Ave., Champaign, IL
Temp agency  www.adeccousa.com/locations/champaign-illinois-staffing-agencies

CU at Work‡ ............................................................................................................(217) 819-4569
70 E. Washington St, Champaign, IL 61820  rob@cuathome.us

Express Employment Professionals ........................................................................(217) 355-8500
1001 N. Mattis Ave., Champaign, IL  www.expresspros.com/champaignil

Illinois Human Resources Job Board‡
www.humanresources.illinois.edu/job-seekers/how-to-apply/index.html

Manpower ................................................................................................................(217) 352-7875
810 W. Springfield Ave., Champaign, IL 61820
www.manpowerillinois.com/locations/champaign

Student Employment Virtual Job Board
Office of Student Financial Aid‡ ..............................................................................www.secure.osfa.illinois.edu/vjb

YourewelcomeCU.com‡ .........................................................................................www.yourewelcomecu.com/jobs
Community job board

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22 Also see Community Information (p. 10)
FINANCIAL ASSISTANCE & TAX INFO

For tax forms, informational packets, some free tax assistance, and student financial aid

Champaign Public Library $§ ................................................................. (217) 403-2000
200 W. Green St., Champaign, IL 61820  www.champaign.org

Salt & Light Ministries$‡ ................................................................. (217) 355-5654
1512 W. Anthony Dr., Champaign, IL 61821  www.saltandlightministry.org
1819 S. Philo Rd., Urbana, IL 61802
Offered free tax preps in 2018

Stevick Senior Center‡ ................................................................. (217) 359-6500
15 E. Main St., Champaign, IL 61820
Located on the lower level  www.famservcc.org/retired-and-senior-volunteer-program

University of Illinois Extension’s Money Mentor Program‡ .......................... 217-333-7672
www.web.extension.illinois.edu/cfin/moneymentors

The Urbana Free Library*‡ ................................................................. (217) 367-4057
210 W. Green St., Urbana, IL 61801  www.urbanafreelibrary.org/adults/tax-forms-info

$ Also see Clothing Assistance (p. 9), Employment (p. 12), Food Assistance (p. 17)
FINANCIAL ASSISTANCE FOR STUDENTS

For tax forms, informational packets, some free tax assistance, and student financial aid

Bailey Scholarship Program‡ ............................................................................... (217) 337-1500
1001 S. Wright St., Champaign, IL 61820
www.universityymca.org/bailey

Financial Wellness for College Students
University of Illinois Extension .............................................................................. (217) 333-7672
www.go.illinois.edu/financialwellness

La Colectiva We Dream, We Act Scholarship‡ ...................................................... (217) 337-1500
1001 S. Wright St., Champaign, IL 61820
www.lacolectivauic.org/scholarships

Office of Student Financial Aid (OSFA) ................................................................. (217) 333-0100
620 E. John St., MC-303, Champaign, IL 61820
www.osfa.illinois.edu

Parkland Financial Aid* ....................................................................................... (217) 351-2222
2400 W Bradley Ave., Champaign, IL 61821
www.bit.ly/2NJ6KTK

Student Money Management Program
University Student Financial Services and Cashier Operations‡ ......................... (217) 333-2180
506 S. Wright St., Room 162, Urbana, Illinois 61801
www.studentmoney.uillinois.edu

Three Spinners Education for All Scholarship .................................................... www.threespinners.org
contact@threespinners.org
FOOD ASSISTANCE

Local food banks, food pantries, and meal programs

Champaign Church of the Brethren‡ .................................................. (217) 356-3852
1210 N. Neil St., Champaign, IL 61820  www.cubrethren.org/Ministries.htm

Champaign–Urbana Public Health District24‡ ...................................... (217) 352-7961
201 W. Kenyon Rd., Champaign, IL 61820  www.c-uphd.org

Daily Bread Soup Kitchen‡ .......................................................... (217) 356-7687
116 N. First St., Champaign, IL 61820  www.dailybreadsoupkitchen.com

Eastern Illinois Food Bank‡ ........................................................... (217) 328-3663
2405 North Shore Dr., Urbana, IL 61802  www.eifoodbank.org/help/champaign.html
Website provides a full list of the food banks available in Champaign County

Emmanuel Memorial Episcopal‡ ..................................................... (217) 352-9827
208 W. University Ave., Champaign, IL 61820  www.emmanuelmemorialepiscopal.org

Empty Tomb‡ ........................................................................... (217) 356-2262
301 N. Fourth St., Champaign, IL 61820  www.emptytomb.org

Faith Baptist Church–Champaign‡ ................................................. (217) 367-9918
4601 N. Market St., Champaign, IL 61822  www.fbccu.org

Friends of Champaign County‡ ...................................................... (217) 352-7961
201 W. Kenyon Rd., Champaign, IL 61820  www.friendsofchampaigncounty.org/home.html

Grace Lutheran Church‡ ............................................................... (217) 356-6232
313 S. Prospect Ave., Champaign, IL 61820  www.gracelutherancu.org/food-pantry-information

The Jubilee Café‡ ....................................................................... jubilee.cafe@community-ucc.org
805 S. Sixth St., Champaign, IL 61820  www.facebook.com/jubileecafecucc

New Life Faith Christian Fellowship‡ ............................................ (217) 637-9748
1211 Kerr, Urban, IL 61801  www.newlifefcf.com

24 Also see Healthcare: Children (p. 19) and Healthcare: Dental (p. 20)
FOOD ASSISTANCE (CONTINUED)

Restoration Urban Ministries† ................................................................. (217) 355-3662
1213 Parkland Ct., Champaign, IL 61821  www.restorationurbanministries.org

Salt & Light Ministries‡ ........................................................................ (217) 355-5654
1819 S. Philo Rd., Urbana, IL 61802  www.saltandlightministry.org

St. Andrew’s Lutheran Campus Center‡ ................................................. (217) 344-1593
909 S. Wright St, Champaign, IL 61820  www.lutherancampuscenter.org

St. Luke CME Food Pantry‡ ................................................................. (217) 356-4922
809 5th St., Champaign, IL 61820  www.slcme.org

St. Vincent DePaul–Champaign‡ ............................................................. (217) 352-8748
405 W. Clark St., Champaign, IL 61820  www.holycrosscatholic.org

St. Vincent DePaul–Urbana‡ ................................................................. (217) 367-2665
708 W. Main St., Urbana, IL 61801  www.stpaturbana.weebly.com

Salvation Army Pantry‡ ................................................................. (217) 373-7825
2212 N. Market St., Champaign, IL 61824

Stone Creek Food Pantry—Urbana‡ ......................................................... (217) 344-5455
2004 Philo Rd., Urbana, IL 61801  www.sccwired.com

The Vineyard Food Pantry‡ ................................................................. (217) 607-5654
1802 N. Lincoln, Urbana, IL 61801  www.hopecenter.us/foodpantry.php

Wesley Evening Pantry‡ ................................................................. (217) 344-1120
1203 W. Green St., Urbana, IL 61801  www.wesleypantry.org

Wesley Pantry at Parkland College‡ ......................................................... (217) 344-1120
2400 W. Bradley Ave., Building S., Champaign, IL 61821  www.wesleypantry.org

Windsor Road Christian Church‡ ............................................................. (217) 359-2122
2501 Windsor Rd., Champaign, IL 61822  www.windsorroad.org/food-pantry

‡ Also see Clothing Assistance (p. 9), Employment (p. 12), and Financial Assistance & Tax Info (p. 14)
HEALTHCARE

There are many healthcare providers in town for adults, children, families, and even pets. If you need help finding the best fit for you, please contact the New American Welcome Center for assistance.

Animal Care

Medical care for dogs, cats, and other pets

Saint Joseph Animal Hospital ................................................................. (217) 469-2220
811 N. 4th St., Saint Joseph, IL 61873  
www.stjosephanimalhospital.net

Veterinary Teaching Hospital at Illinois
Small Animals: 1008 W. Hazelwood Dr., Urbana, IL 61802 ...................... (217) 333-5300
Large Animals: 1102 W. Hazelwood Dr., Urbana, IL 61802 ...................... (217) 333-2000
www.vetmed.illinois.edu/animal-care/vth
HEALTHCARE

Children
Free or low-cost medical care for children without insurance

Champaign County Healthcare Consumers........................................................... (217) 352-6533
44 E. Main St., Ste. 208, Champaign, IL 61820 www.healthcareconsumers.org

Champaign-Urbana Public Health District26‡ .................................................. (217) 352-7961
201 W. Kenyon Rd., Champaign, IL 61820 www.c-uphd.org

Childhood Adversity & Resiliency Services (CARS) Clinic‡ ................................ (217) 333-0041
505 E. Green St, Champaign, IL 61820 www.psc.illinois.edu
Only sees children; call for a screening

Frances Nelson27* ......................................................................................... (217) 356-1558
819 Bloomington Rd., Champaign, IL 61820 www.promisehealth.org/health-center

Healthy Beginnings4SF* ................................................................................. (217) 365-7925
www.cuhealthybeginnings.com

The Pavilion28 ................................................................................................. (217) 373-1700
809 W. Church St., Champaign, IL 61820 www.pavilionhospital.com

Sistering CU‡ ................................................................................................. (765) 665-6759
www.sisteringcu.org

SmileHealthy29* ............................................................................................. (217) 403-5477
819 Bloomington Rd., Champaign, IL 61820 www.promisehealth.org/smilehealthy

UIC (University of Illinois at Chicago) Specialized Care for Children ........... (217) 333-6528
510 Devonshire Dr., Suite A, Champaign, IL 61820 www.dscc.uic.edu

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26 Also see Food Assistance (p. 16) and Healthcare: Dental (p. 20)
27 Also see Healthcare: Medical (p. 21)
28 Also see Drug & Alcohol Treatment (p. 11)
29 Also see Healthcare: Dental (p. 20)

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HEALTHCARE (CONTINUED)

Dental
Free or low-cost dental care for those with or without insurance

Champaign County Christian Health Center .............................................. (217) 402-5683
1400 W. Park St., Urbana, IL 61801 www.ccchc2003.org
The first Monday of every month from 5:15pm-7:15pm by appointment only

Parkland Dental Hygiene Clinic ............................................................. (217) 351-2221
2400 W. Bradley Ave., Room L148, Champaign, IL 61821 www.bit.ly/2Q9x4VF

Champaign–Urbana Public Health District30 .............................................. (217) 352-7961
201 W. Kenyon Rd., Champaign, IL 61820 www.c-uphd.org

SmileHealthy31* ................................................................................... (217) 403-5477
819 Bloomington Rd., Champaign, IL 61820 www.promisehealth.org/smilehealthy

30 Also see Food Assistance (p. 16) and Healthcare: Children (p. 19)
31 Also see Healthcare: Children (p. 19)
HEALTHCARE (CONTINUED)

Medical
Free or low-cost medical care for those with or without insurance

Avicenna Community Health Center .......................................................... (217) 418-5888
819 Bloomington Rd., Champaign, IL 61820                                      www.avicennahealth.org
Open Sundays from 1:00 pm-4:00 pm

Carle Foundation Hospital SF* ................................................................. (888) 712-2753
611 W. Park St., Urbana, IL 61801                                             www.carle.org/billing/financial-assistance

Carle Mobile Health Clinic ........................................................................... (217) 365-7928
www.Carle.org/MobileHealthClinic

Champaign County Christian Health Center ................................................ (217) 402-5683
1400 W. Park St., Urbana, IL 61801                                             www.ccchc2003.org
Open Tuesdays, 5:30pm-8:30pm; Wednesdays, 5:30pm-7:30pm

Champaign County Healthcare Consumers .................................................... (217) 352-6533
44 E. Main St., Ste. 208, Champaign, IL 61820                                   www.healthcareconsumers.org

Frances Nelson SF* ......................................................................................... (217) 356-1558
819 Bloomington Rd., Champaign, IL 61820                                     www.promisehealth.org/health-center

Planned Parenthood ......................................................................................... (217) 359-8022
302 E. Stroughton, Champaign, IL 61820                                      www.ppil.org

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32 Also see Healthcare: Children (p. 19)
HEALTHCARE (CONTINUED)

Mental Health & Counseling
Confidential assessment and treatment for anxiety, depression, and more

ABC Counseling & Family Services ..............................................................(217) 403-0790
1800 Woodfield Dr., Suite B, Savoy, IL 61874
www.abccounseling.org

Champaign County Healthcare Consumers ..............................................(217) 352-6533
44 E. Main St., Ste. 208, Champaign, IL 61820
www.healthcareconsumers.org

Childhood Adversity & Resiliency Services (CARS) Clinic ......................(217) 333-0041
505 E. Green St, Champaign, IL 61820
www.psc.illinois.edu
Only sees children; call for a screening

The Dialogue Advisor, LLC Employee Assistance Programs .................(217) 398-8100
701 Devonshire Dr., Suite 201C, Champaign, IL 61820
www.tda-eap.com

Elliot Counseling Group ............................................................................(217) 398-9066
309 W. Clark St., Champaign, IL 61820
www.elliottcounselinggroup.com

Jacqueline Thomas | The Rock Counseling Group* ......................................(217) 722-9079
201 W. Springfield Ave., Ste. #1201, Champaign, IL 61820
www.therockcounselinggroup.com

P.A.T.S. Prevention and Treatment Services33 SF ...................................(217) 954-1128
300 S. Broadway Ave., Ste. 110A, Urbana, IL 61801
www.patspreventionandtreatmentservices.com

R.A.C.E.S.34 ‡
(Rape Advocacy, Counseling, and Education Services) ......................(217) 344-6298
301 S. Vine St., Lincoln Square Mall Suite 211, Urbana, IL 61801
www.cu-races.org
By appointment only

33 Also see Drug & Alcohol Treatment (p. 11)
34 Also see Abuse, Domestic Violence & Neglect (p. 4)
HEALTHCARE (CONTINUED)

Vision

*Low cost or free eye exams and dental checkups for low-income individuals and families*

**Bard Optical**
907 W. Marketview Dr., Ste. 15, Champaign, IL 61822
(217) 351-8822
www.bardoptical.com
Accepts Medicaid for vision exam and glasses

**Carle Eye Care**
611 W. Park St., Urbana, IL 61801
(217) 383-3150
www.carle.org/services/optometry
Accepts Medicaid for vision exam

**Champaign Lions Club**
1300 S. Neil St., Champaign, IL 61820
(217) 359-5333
www.champaignlions.org
Can assist with getting one free pair of glasses, usually once per lifetime

**The Eye Center**
2151 S. Neil St., Champaign, IL 61820
(217) 352-2020
www.2020eyecenter.com
Accepts Medicaid for vision exam and glasses

**Jones Optical**
1711 S. Neil St., Champaign, IL 61820
(217) 359-2390
www.jonesoptical.com
Accepts Medicaid for vision exam

**Walmart Supercenter Vision Center**
100 S. High Cross Rd., Urbana, IL
(217) 344-6203
www.walmart.com/store/5403/urbana-il/details
Accepts Medicaid for vision exam

**Walmart Vision & Glasses**
2610 N. Prospect Ave., Champaign, IL
(217) 352-1812
www.walmart.com/store/1734/champaign-il/details
Accepts Medicaid for vision exam
HOME MAINTENANCE

Services to make sure water, electric and gas are operating in a functional manner

Weatherization Services
Champaign County Regional Planning Commission...........................................(217) 384-1226
1776 E. Washington St., Urbana, IL 61802 www.ccrpc.org/programs/weatherization
Services to increase energy efficiency in home homes for low-income individuals that result in improved home safety

Restore | Habitat for Humanity of Champaign County ...........................................(217) 359-0508
119 E University Ave., Champaign, IL 61820 www.cuhabitat.org/re-store
HOUSING & RELOCATION

Low-income housing, Section 8 Housing, local emergency shelters, and tenant assistance

Shelters and Emergency Services

Austin’s Place‡ ............................................................. austinsplace@champaignfumc.org
508 E. Church St., Champaign, IL 61820 ......................... www.shelter-austinsplace.weebly.com

Centralized Intake

Champaign County Regional Planning Commission‡ ........................................(217) 819-4117
1776 E. Washington St., Urbana, IL 61802  www.ccrpc.org/programs/homeless-services
*Functions as the main resource hub for homeless individuals in the county*

Emergency Family Shelter‡ .............................................................(217) 819-4117
www.hacc.net/emergency-family-shelter

C-U at Home‡ .................................................................................(217) 819-4569
70 E. Washington St, Champaign, IL 61820  www.cuathome.us

CUFAIR‡
(Friends and Allies of Immigrants and Refugees) ...................... CUFAIR2Day@gmail.com
*Helps with refugee relocation*  www.cufair-us.com

CU Men’s Shelter‡ ..............................................................................(217) 359-3631
70 E. Washington St., Champaign, IL 61820  www.champaignfaith.org

Salvation Army‡ ..............................................................................(217) 373-7832
2212 N. Market, Champaign, IL 61822  www.sachampaign.org
502 N. Prospect Ave, Champaign, IL 61820
*Sometimes has money available for rent assistance*

Salvation Army Stepping Stone Program and Daytime Warming Center‡ ..(217) 373-7832
2212 N. Market, Champaign, IL 61822

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35 Also see Drug & Alcohol Treatment (p. 11) and Transportation (p. 33)
36 Also see Immigrant & Refugee Services (p. 28)
37 Also see Clothing Assistance (p. 9)
HOUSING & RELOCATION (CONTINUED)

Tenant’s Rights and Long-Term Assistance

Champaign-Urbana Tenant Union ............................................................... (217) 352-6220
44 E. Main St., Suite 208, Champaign, IL 61820  www.cutenantunion.org
Provides information about tenants’ rights and publishes a monthly list of lower cost housing

Habitat for Humanity of Champaign County ........................................ (217) 359-0507
119 E University Ave., Champaign, IL 61820  www.cuhabitat.org/apply-for-a-home

Housing Authority of Champaign County .............................................. (217) 378-7100
205 W. Park Ave., Champaign, IL 61820  www.hacc.net
Applications for the many subsidized housing locations (housing locations that accept government assistance as payment) must be made online at hacc.net

Permanent Housing Options

The following locations are privately-owned with project-based voucher from Housing Authority of Champaign County. Apply directly to the property owner or manager.

Hamilton on the Park  (217) 655-4510
1201 N. Brookstone Ct., Urbana, IL 61801

Homestead Apartments ................................................................. (217) 328-9373
306 W. Griggs, Urbana, IL 61801

Urban Park Place .................................................................................. (217) 819-4117
Third and Park Streets, Champaign, IL
HOUSING & RELOCATION (CONTINUED)

Permanent Housing Options (Continued)

CAUTION: The following complexes have some subsidized units and many that are not subsidized. If you sign a lease for full rent, you’ll owe full rent with no subsidy.

Dorchester Property Management ................................................................. (217) 607-1280
  Providence at Sycamore 1301 N. Mckinley, Champaign, IL 61821
  Providence at Thornburry 720 Cobblefield Road, Champaign, IL 61822

Douglass Square Apartments ................................................................. (217) 344-4950
  414 Nathanial Burch Drive, Champaign, IL 61820

Oakwood Trace Townhouses ................................................................. (217) 355-5500
  1121 Red Oak Ct., Champaign, IL 61820

Highland Green Apartments ................................................................. (217) 328-0132
  102 E. Stebbins Dr., Urbana, IL 61801

The below locations are privately-owned, subsidized by HUD (Department of Housing and Urban Development). Applications must be made directly to the owner or manager. The Housing Authority of Champaign County is not involved in these.

Edge of the Mall Apartments ................................................................. (217) 328-6409
  109 W. Illinois St., Urbana, IL 61801

Round Barn Manor ................................................................. (217) 351-9090
  2000 W. John, Champaign, IL 61821

Countrybrook Apartments ................................................................. (217) 356-1879
  2502 W. Springfield, Champaign, IL 61821

Sunnycrest Manor ................................................................. (217) 328-6170
  1805 Cottage Grove, Urbana, IL 61801

Florida House ................................................................. (217) 328-3301
  1501 E. Florida Urbana, IL 61802

Aspen Court Apartments ................................................................. (217) 344-9110
  1557 Hunter St, Urbana, IL 61802
CHAMPAIGN-URBANA PROGRAMS AND SERVICES

IMMIGRANT & REFUGEE SERVICES
Supportive services for low-income and limited English-proficient individuals

CUFAIR\textsuperscript{38}
(Friends and Allies of Immigrants and Refugees) .................................. CUFAIR2Day@gmail.com
www.cufair-us.com

ECIRMAC\textsuperscript{39 SF*}
(East Central Illinois Refugee Mutual Assistance Center) ......................... (217) 344-8455
302 S. Birch St., Urbana, IL 61801
www.ecirmac.org

New American Welcome Center (NAWC)\textsuperscript{40 PS} ........................................ (217) 417-5897
1001 S. Wright St., Champaign, IL 61820
universityymca.org/welcome

Three Spinners .............................................................................................. contact@threespinners.org
www.threespinners.org

\textsuperscript{38} Also see Housing & Relocation (p. 25)
\textsuperscript{39} Also see Citizenship (p. 8)
\textsuperscript{40} Also see Citizenship (p. 8), Community Information (p. 10), and Legal: General (p. 29)
LEGAL

There are many attorneys and legal organizations in town. If you need help finding the best fit for your needs, please contact the New American Welcome Center for assistance.

General

Legal services for matters such as adoption, estate planning, or traffic offenses. For immigration legal services, please see page 28.

Champaign County Courthouse Self-Help Desk ...........................................(217) 384-3776
101 E. Main St., Urbana, IL 61802  www.co.champaign.il.us/HeaderMenu/Home.php

Ellyn Bullock | Solberg & Bullock, LLC .....................................................(217) 351-6156
100 N. Chestnut St., Suite 230, Champaign, IL 61820  www.solbergbullock.com
Family Law, Adoption, and Adults with Disabilities

Faruq Nelson ..............................................................(217) 979-8268
3001 Research Rd., Champaign, IL 61822
Family Law and Estate Planning

John M. Wilkie, Attorney at Law41* ...........................................................(217) 903-4166
301 N. Neil St., Suite 400, Champaign, IL 61820  www.jwilkielaw.com
Criminal Defense, Immigration, Citizenship (family-based petitions), DUI and Traffic Offenses

Land of Lincoln Legal Assistance Foundation ........................................................................(217) 356-1351
302 N. First St., Champaign, IL 61820  www.lollaf.org
Cannot serve those without documentation or those on student visas; exceptions made for those who qualify under the Violence Against Women Act and other anti-abuse statues

Law Office of Lauren A. Anaya42 ..........................................................................(217) 693-2952
101 W. Tomaras Ave., Suite 006, Savoy, IL 61874  www.laurenanayalaw.com
Immigration and Citizenship, Family Law, Criminal Defense, Traffic Offenses, and Personal Estate Planning

Matthew Peek | Erwin, Martinkus, & Cole, LTD* ..............................................(217) 351-4040
411 W. University Ave., Champaign, IL 61820  www.emclawgroup.com
Family Law, Personal Injury, Landlord-Tenant Issues, and more.

New American Welcome Center (NAWC)43* .........................................................(217) 417-5897
1001 S. Wright St., Champaign, IL 61820  www.universityymca.org/welcome
Coordinates free legal clinics for non-immigration related issues

41 Also see Legal: Immigration (p. 31)
42 Also see Citizenship (p. 8) and Legal: Immigration (p. 31)
43 Also see Citizenship (p. 8), Community Information (p. 10), and Immigrant & Refugee Services (p. 28)
LEGAL (CONTINUED)

General

Roaa Al-Heeti | Dodd & Maatuka\(^*\) ............................................................... \(217\) 356-9500  
303 S. Mattis Ave., Suite 201, Champaign, IL 61821  
Corporate and Business Law, Immigration, Real Estate, Guardianship, Estate Planning, Wills, and Trusts  
www.madelaw.net

Ruth E. Wyman Law Office LLC\(^*\) ............................................................... \(217\) 239-1544  
202 S. Broadway Ave., Suite 207, Urbana, IL 61801  
Family law, Criminal Defense, Traffic Offenses and Real Estate Sales; Speaks Spanish  
www.ruthwymanlaw.com

Student Legal Services

University of Illinois at Urbana-Champaign ......................................................... \(217\) 333-9053  
324 Illini Union, 1401 W. Green St., Urbana, IL 61801  
www.odos.illinois.edu/sls/index.html

\(^*\) Also see Citizenship (p. 8) and Legal: Immigration (p. 31)
LEGAL (CONTINUED)

Immigration

Legal assistance that focuses on immigration. Please note, if an individual is in removal proceedings (immigration court), they will probably need to find an attorney in Chicago, Kansas City, or wherever their court is.

The Immigration Project... (309) 829-8703
505 W. University Ave., Ste. 214, Champaign, IL 61801 www.immigrationproject.org

John M. Wilkie, Attorney at Law... (217) 903-4166
301 N. Neil St., Suite 400, Champaign, IL 61820 www.jwilkielaw.com
Criminal Defense, Immigration, Citizenship (family-based petitions), DUI and Traffic Offenses

Law Office of Jason L. Spangehl... (217) 552-6114
302 W. Hill St #104, Champaign, IL 61820
Immigration Law

Law Office of Lauren A. Anaya... (217) 693-2952
101 W. Tomaras Ave., Suite 006, Savoy, IL 61874 www.laurenanayalaw.com
Immigration and Citizenship, Family Law, Criminal Defense, Traffic Offenses, and Personal Estate Planning

Matt Kuenning | Erwin, Martinkus, & Cole, LTD... (217) 351-4040
411 W. University Ave., Champaign, IL 61820 www.emclawgroup.com
Immigration Law

Roaa Al-Heeti | Dodd & Maatuka... (217) 356-9500
303 S. Mattis Ave., Suite 201, Champaign, IL 61821 www.madelaw.net
Corporate and Business Law, Immigration, Real Estate, Guardianship, Estate Planning, Wills, and Trusts

45 Also see Abuse, Domestic Violence & Neglect (p. 4) and Citizenship (p. 8)
46 Also see Legal: General (p. 29)
47 Also see Citizenship (p. 8)
48 Also see Citizenship (p. 8) and Legal: General (p. 29)
49 Also see Citizenship (p. 8)
50 Also see Citizenship (p. 8) and Legal: General (p. 30)
MECHANICS

Businesses that offer regular car maintenance and repairs

Myler Automotive Repair, Inc. .................................................................(217) 359-0798
1212 Parkland Ct., Champaign, IL 61821

Right Solution Auto Repairs .................................................................(217) 607-5291
306 Tiffany Ct., Ste. F, Champaign, IL 61822

TMS Auto Care ....................................................................................(217) 398-4070
1605 W. Springfield Ave., Champaign, IL 61821
TRANSPORTATION

*Information about the bus system as well as bike purchase, rental, or repair*

The Bike Project of Urbana–Champaign ...................................................(217) 469-5126
202 S. Broadway Ave., Room 24, Urbana, IL 61801
608 E. Pennsylvania Ave., Champaign, IL 61820

Chambana Bike .................................................................(217) 979-2471
624 S. Fifth St., Champaign, IL 61820

C-U at Home 51‡ .................................................................(217) 819-4569
70 E. Washington St, Champaign, IL 61820

*Offers transportation to treatment centers or emergency shelters up to 3 hours away*

CUMTD (Champaign–Urbana Mass Transit District) ....................................(217) 384-8188
1101 E. University Ave., Urbana, IL 61802

Durst Cycle and Fitness
1201 S Mattis Ave., Champaign, IL 61821 .............................................(217) 352-3300
1112 W. University Ave., Urbana, IL 61801 .............................................(217) 367-3600

Neutral Cycle .................................................................(217) 979-2471
624 S. Fifth St., Champaign, IL 61820

51 Also see Drug & Alcohol Treatment (p. 11) and Housing & Relocation (p.25)
## Glossary
This section contains information about each service provider, such as programs offered, hours of operation, or languages in which they can provide services. If you need help navigating these resources, please contact the New American Welcome Center. We would love to help!

### 2-1-1 Information & Referral
*A helpline that community members or service providers can call to find local help for things such as housing, healthcare, food assistance, and more.*

*Hours: 24 hours a day, 365 days a year*

### ABC Counseling & Family Services
*Child welfare agency that provides counseling services for children and families affected by sexual abuse, offers specialized adoption services and birth parent counseling.*

### Adecco Staffing
*This is a staffing agency. They have jobs listed on their website that individuals can apply for or the agency can help connect individuals with jobs. The jobs are often temporary but long-term employment is also available. See website for more details.*

### Adult Protective Services (Family Service of Champaign County)
*They offer a wide range of services including meals and drivers for Seniors.*

*Languages: English and Spanish; can bring in interpreters for other languages*

### Alcoholics Anonymous
*Support through meetings and sponsors. Often paired with more intensive treatment programs or used for ongoing recovery support.*

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*DRAFT New American Welcome Center 12/7/2018*
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<th><strong>As–Ba</strong></th>
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<tbody>
<tr>
<td><strong>Aspen Court Apartments</strong>&lt;br&gt; <em>p. 27</em></td>
<td>Only 48 units of 140 are subsidized. Ask about Department of Housing and Urban Development–subsidized apartments.</td>
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<td><strong>Austin’s Place</strong>&lt;br&gt; <em>p. 25</em></td>
<td>Provides overnight emergency shelter for women during the winter. Screening and intake occur at Courage Connection from 6pm–7:30pm each evening. Transportation to First United Methodist Church is provided. Light snacks are provided as well as bus tokens in the morning. Funds are available for other accommodations once beds are full. No children. Hours: Open December 1, 2018–March 15, 2019 from 6pm–7:30am.</td>
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<td><strong>Avicenna Community Health Center</strong>&lt;br&gt; <em>p. 21</em></td>
<td>Services offered: Primary care, nutrition counseling, blood pressure and glucose screenings, one-on-one consultations with ACHC doctors and nutritionists, direct referrals to local medical facilities, prescription pantry such as Rx discounts on certain prescriptions and ibuprofen. Hours: Sundays from 1–4pm</td>
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<td><strong>Bailey Scholarship Program</strong>&lt;br&gt; <em>p. 15</em></td>
<td>The University YMCA has a fund to give out scholarship to undergraduate and graduate students. There are also travel scholarships available as well as scholarship for undergraduate students working at unpaid internships. Visit the website for more information and for details about how to apply.</td>
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<td><strong>Bard Optical</strong>&lt;br&gt; <em>p. 23</em></td>
<td>Eye exams, eyeglasses, and contacts. Accepts Medicare and Medicaid. Visit website for a full list of services and accepted insurance.</td>
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<td><strong>Before and After School Child Care Program</strong></td>
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<td><em>p. 7</em></td>
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<td>Supervised childcare provided by the Urbana School District for children in grades K–5. Hours are from 6:45am until school begins and from the end of school until 6pm. To enroll and for fee information, contact Sandy Davin at 217-384-3536.</td>
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<td><strong>The Bike Project of Urbana–Champaign</strong></td>
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<td><em>p. 33</em></td>
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<td>Provides a space for members to come in, use tools, repair bikes, and share knowledge. They will not fix your bike for you, but will help you fix your bike. The first visit it free.</td>
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<td><strong>Carle Eye Care</strong></td>
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<td><em>p. 23</em></td>
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<td>Provide routine eye exams as well as glasses and contacts. Contact their office for more information about accepted forms of insurance.</td>
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<td><strong>Carle Foundation Hospital</strong></td>
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<td><em>p. 21</em></td>
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<td>The Carle Financial Assistance program helps to offset the cost of medical care. Patients can get discounted and sometimes free care depending on what they qualify for.</td>
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<td><strong>Carle Mobile Health Clinic</strong></td>
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<td><em>p. 21</em></td>
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<td>Brings affordable, non-urgent services to those who might have difficulty getting care. Provides care to infants, children, and adults. Accepts insurance but will also give care to anyone in need even if they cannot pay. Services:</td>
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<td>Health screenings; referrals to primary care providers; chronic condition screening and education; treatment of existing, serve illnesses; wellness care and checkups; school physicals and vaccinations; basic lab testing</td>
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| **Centralized Intake**<br>Champaign County Regional Planning Commission<br>Emergency Family Shelter | Makes referrals to local community resources based on program eligibility and availability for homeless individuals and families.  
Walk-in Hours:<br>Tuesdays from 1pm–4pm, 70 E. Washington St.  
Thursdays from 9am–12pm, 1307 N. Mattis Ave.  
Every 4th Wednesday from 1pm–3pm, 250 E. Wabash Ave., Rantoul  
Temporary shelter and intensive case management services for homeless families with dependent children. Families are eligible to stay in a shelter unit for a maximum period of 30 days. Expectant mothers in third trimester may also be housed. Family size: 6 max |
| **Chambana Bike**<br> | Rent a bike for the summer ($80), semester ($90), or year ($180). Open to students, faculty, and community. |
| **Chambanamoms.com**<br> | This is a resource for families in the Champaign-Urbana area to learn about the services, programs, and events happening around town. The site is mom/kid/parent-focused, but has valuable information for the whole community. |
| **Champaign Church of the Brethren**<br> | Food bank. Call the church Monday–Friday, 8am–12pm to schedule an appointment. |
| **Champaign County Children’s Advocacy Center**<br> | Helps investigate and intervene in cases of suspected child abuse. Also provides crisis intervention and case management services for the children and their non-offending family members.  
Languages: can provide translators in any language |
<p>| <strong>Champaign County Christian Health Center</strong>&lt;br&gt; | Offers free healthcare for the uninsured and underinsured, including medical, dental and mental health services. |</p>
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| **Champaign County Courthouse Self-Help Desk**  
* p. 29 | Provides information (in the form of handouts, pamphlets, and forms) on a variety of self-help legal topics. |
| **Champaign County Economic Development Corporation (CCEDC)**  
* p. 12 | Assists new employers establish in Champaign County, help ensure they grow in the community, and works to attract new businesses to the area as well. |
| **Champaign County Early Head Start/ Head Start**  
* p. 7 | Early Head Start prepares infants and toddlers; Head Start serves three to five year olds. The Head Start program promotes school readiness by enhancing the social and cognitive development of children through educational, health and social services for children and families. |
| **Champaign County Healthcare Consumers**  
* p. 19, 21, 22 | Assist with insurance applications, community care applications, and general orientation of the health care system.  
**Hours:** Monday-Friday, 9am-5pm |
| **Champaign County Regional Planning Commission (CCRPC)**  
* p. 12 | Provides education support and work experiences for in-school and out-of-school youth between ages 14-24 to prepare them for college, internships and paid jobs in the future. Job search assistance and college training assistance leading to employment. |
| **Champaign Lions Club**  
* p. 23 | Provides financial assistance toward eye examinations, eye glasses, and hearing aids for individuals in need. Assistance is usually once in a lifetime per person. |
| **Champaign Park District**  
* p. 10 | Made up of 61 parks and over 700 acres, the Champaign Park District offers a wide variety of activities for the whole family. Check out the website for upcoming events and programs. |
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<th><strong>Ch-Ch</strong></th>
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| **Champaign Public Library**  
_ p. 14_ | Free tax forms and informative services for individuals searching for jobs. |
| **Champaign-Urbana Public Health District**  
_ p. 16, 19, 20_ | Has food available daily for anyone who wants it. Also has special days with full food pantries or bags of food to go. Also provides medical and dental services for children. |
| **Champaign-Urbana Tenant Union**  
_ p. 26_ | Helps tenants with issues such as neglected property maintenance, disputes about damage deposit deductions, evictions, unlawful discrimination, roommate conflicts, violation of lease by landlord, information about subletting, utilities problems, parking issues, and more, and provides helpful forms, model leases, and checklists. |
| **Child Care Resource Services**  
_ p. 7_ | Provides parents with: Child care referrals, information on evaluating quality child care, resources on various parenting issues, assistance in paying for child care (for income eligible families). No fees for services. See website for resources offered to childcare providers. Languages: Applications and other information available in Spanish |
| **Childhood Adversity & Resiliency Services (CARS) Clinic**  
_ p. 19, 22_ | The CARS Clinic is part of the Psychological Services Center. Provides short-term therapy for children 8–18 who have been exposed to a traumatic event or are living in adverse conditions. Care is provided by doctoral student clinicians and supervised by Dr. Cohen. Uses a sliding scale based on a family’s income ($0 – $30). Starts with a free screening call. Hours: Mondays–Thursdays, 10am-8pm; Fridays, 1pm-5pm |
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<tr>
<th><strong>Co-C-U</strong></th>
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<tr>
<td>**Connections</td>
<td>The Courage Connection Store**</td>
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<td><em>p. 9</em></td>
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<tr>
<td><strong>Countrybrook Apartments</strong></td>
<td>1, 2 &amp; 3 bedroom units for individuals/families subsidized by the Department of Housing and Urban Development.</td>
</tr>
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<td><em>p. 27</em></td>
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<tr>
<td><strong>Courage Connection</strong></td>
<td>Provides housing/support services to individuals and families who have experienced domestic violence. Provide continuous services so people can achieve safety, support, stability, and self-sufficiency.</td>
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<tr>
<td><em>p. 4</em></td>
<td>Languages: English and Spanish</td>
</tr>
<tr>
<td><strong>Crisis Nursery</strong></td>
<td>Provides 24-hr emergency care for children ages birth-six years. Open to the entire community with no fees or income eligibility. Also provides family support and parenting education to strengthen parent skills and confidence.</td>
</tr>
<tr>
<td><em>p. 4, 7</em></td>
<td>Languages: English and Spanish</td>
</tr>
<tr>
<td><strong>C-U at Home</strong></td>
<td>5 main areas of ministry: Phoenix day time drop-in center, transitional housing, transportation, street outreach and education and advocacy</td>
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<td>Dop-in center: access to a shower, laundry, computers, public phone, phone charging station, social work services, and local community resources. Hours: Tuesday-Friday from 12pm-5pm</td>
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<td>Transitional houses: A family house, a women’s house and two men’s recovery houses, providing each resident with a team to assist in employment, financial stability, life skills and sobriety.</td>
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<td>Transportation: Assistance getting to communities surrounding Champaign where emergency shelters and recovery services are more plentiful.</td>
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<td><em>p. 11, 25, 33</em></td>
<td>Languages: Can get interpreter if needed</td>
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<td><strong>CU – Cu</strong></td>
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<tr>
<td><strong>CU at Work</strong></td>
<td>This is a pilot program for the local homeless population. Participants meet at the C-U at Home facility, receive an orientation, and then work on city beautification for five hours. Participants receive lunch after the work is complete, compensation of $10 per hour, and case management services. The program has capacity for six people each day. They must receive a referral to enter the program from Rob at C-U at Home (<a href="mailto:rob@cuathome.us">rob@cuathome.us</a>). Hours: every Wednesday from 8:30AM–12:30PM.</td>
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<tr>
<td><strong>CUFAIR</strong></td>
<td>CUFAIR formed to continue making this community a welcoming environment for new and existing refugees and immigrants. This is a local community group comprised of representatives from various organizations.</td>
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<tr>
<td><strong>CUMTD</strong> (Champaign-Urbana Mass Transit District)</td>
<td>MTD has the Token Transit app (available on Android and iOS), which will allow passengers to purchase a trip, annual weekend pass. Fixed routes and express services are offered. Safe rides are also available for individuals traveling alone when no other transportation service is available.</td>
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<tr>
<td><strong>CU Men’s Shelter</strong></td>
<td>Emergency winter shelter for men provided from November 12, 2018–March 31, 2018 from 8:30pm-7:30am at C-U at Home. Light snacks are available, but no meals are served. Shower and laundry are not available. For more information, contact Cory Blackwell at Faith United Methodist Church (217-359-3631).</td>
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| **Cunningham Children’s Home Vocational Options Program** | Works with individuals ages 6–40 who have emotional, behavioral, and mental health challenges to help them become self-sufficient through training, support, and real-world experiences. Services:  
  - Career Exploration, Assessment, and Planning  
  - Skill Development for Workplace Employment  
  - Job Advocacy and Placement |
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<tr>
<th><strong>Cu-Do</strong></th>
<th>Provides a welcoming environment for low-income residents to access monthly assistance grant with a maximum of $265. Individuals must provide community service and/or pursue education or a job in return. Also provides job training and education, referrals to other agencies, and advocacy.</th>
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<tr>
<td><strong>Cunningham Township Supervisor’s Office</strong></td>
<td><strong>p. 12</strong></td>
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<tr>
<td><strong>Daily Bread Soup Kitchen</strong></td>
<td>Serves free hot meals seven days a week. Hours: Lunch daily from 11am-12:30pm; doors open at 10:30am.</td>
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<td><strong>p. 16</strong></td>
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<tr>
<td><strong>The Dialogue Advisor, LLC Employee Assistance Programs</strong></td>
<td>Services for employees of qualified employers for concerns such as: Academic issues, Addictions, Alcohol abuse, Anxiety, Career Concerns, Children’s Issues, Couples Counseling, Elder Care, Family Counseling, Grief and Loss, Marital Loss, Parenting Concerns, Self Help Referral, Stress, Substance Abuse, Work Life Issues, and more.</td>
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<td><strong>p. 22</strong></td>
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<tr>
<td><strong>Disability Resource Expo</strong></td>
<td>Hosted annually, this event provides a space for individuals of diverse abilities and their families to learn about the support services available in Champaign County.</td>
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<td><strong>p. 10</strong></td>
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<tr>
<td><strong>Don Moyer Boys &amp; Girls Club</strong></td>
<td>Various programs and services such as the Character and Leadership program which is built to help youth become mature, responsible and caring community leaders. Career and Education programs aim for academic enhancement and school involvement. The Health and Life Skills program helps achieve young students to participate with positive attitudes and self-sufficiency. The Sports &amp; Recreation program assists students to become fit, healthy and reduce stress through the mind and body. The Arts program allows students to develop creativity skills and cultural awareness for creative writing, visual and performing arts. Programs available during the school year and summer break.</td>
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| **Dorchester Property Management**  
*p. 27*  
This apartment complex has *some* subsidized units and many that are not subsidized. If you sign a lease for full rent, you’ll owe full rent with no subsidy. |
| **Douglass Square Apartments**  
*p. 27*  
This apartment complex has *some* subsidized units and many that are not subsidized. If you sign a lease for full rent, you’ll owe full rent with no subsidy. |
| **Durst Cycle and Fitness**  
*p. 33*  
Local business that sells new and used bikes. Also offers fitness equipment. Free 30-day check after purchasing your bike. First-year bike service is free. |
| **East Central Illinois Refugee Mutual Assistance Center (ECIRMAC)**  
*p. 8, 28*  
Translation of documents and interpretation in community settings. Provides assistance in completing paperwork for citizenship, asylum, residency and family reunification. Case management, counseling and tutoring for children is available. Services are offered in various languages such as Spanish, Vietnamese, French, Russian, Mandarin and more. |
| **Eastern Illinois Food Bank**  
*p. 16*  
Visit their website for a full list of the food banks and their locations in Champaign County. |
| **Edge of the Mall Apartments**  
*p. 27*  
One-bedroom units for age 62 or older or person of any age with disability |
| **Elliot Counseling Group**  
*p. 22*  
Provides individual, couples, family, and group therapy, plus additional services. Serves all ages (preschool–adult). Call the office to find out about different payment options, including a sliding fee scale. Typically, you must apply for assistance. |
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| **Ellyn Bullock | Solberg & Bullock, LLC**  
  *p. 29* | Has extensive experience in adoption and has finalized adoption of 1000+ children. Handles guardianship of children and adults with disabilities. |
| **Emmanuel Memorial Episcopal**  
  *p. 16* | Food bank.  
  Hours: Monday–Friday, 9am–10am until take-out sacks are gone |
| **Empty Tomb**  
  *p. 16* | Food assistance. Call ahead and arrange for food to be delivered. They also offer clothing, books, household items etc. for free, and help with coverage for prescriptions. They offer bus tokens as well on specific days and are key players in coordinating food and helping referrals in our community. |
| **English as a Second Language Class**  
  *p. 6* | The ESL class is completely free and is intermediate level. It meets at Saint Andrew’s Campus Center. Contact Ray McDermott at raymcd@yahoo.com for more information.  
  Hours: Tuesdays from 10:00am–11:30am |
| **English Corner**  
  *p. 5* | Student-run organization with the goal of giving international students an opportunity to gain an eye-opening American experience. Free class sessions are held every Thursday nights with various events that highlight the American culture. |
| **Express Employment Professionals**  
  *p. 13* | Have a list of jobs available in the area that individuals can apply for. The agency will also help individuals connect with jobs, which range from full-time to part-time to temporary. |
| **The Eye Center**  
  *p. 23* | Offers eye exams, glasses, and contacts, as well as other services such as diabetic care. Accepts Medicare and many other forms of insurance. Call for more details. |
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<tr>
<td><strong>Faith Baptist Church–Champaign</strong>&lt;br&gt; <em>p. 16</em></td>
<td>Food bank. By appointment only; call church to schedule.</td>
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<tr>
<td><strong>Faruq Nelson</strong>&lt;br&gt; <em>p. 29</em></td>
<td>Estate planning attorney for 5+ years and works with family law, real estate, and not-for-profit organizations. Free consultation.</td>
</tr>
<tr>
<td><strong>Financial Wellness for College Students,</strong>&lt;br&gt; <strong>University of Illinois Extension</strong>&lt;br&gt; <em>p. 15</em></td>
<td>Free, individual financial education in addition to online, financial education.</td>
</tr>
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</table>
| **First Presbyterian ESL Program**<br> *p. 6* | Free classes for those 18 and up. There are four English levels. Through an informational meeting, more details about the program will be introduced. Classes become full very quickly, so sign up as soon as possible. If you miss the chance, you have the option of being added into a waitlist.  
Hours: Monday–Friday from 9AM–11AM |
| **First United Methodist Church of Urbana**<br> **(ESL Drop-In Center)**<br> *p. 6* | Conversational English Classes. Class offers assistance in better understanding the English language. Free tutors are available with class work or informal conversation. No formal lessons  
Meets Mondays 6:30pm–8:00pm and Thursdays 10am–11:30am (with childcare). |
| **Florida House**<br> *p. 27* | One-bedroom units for age 62 or older subsidized by the Department of Housing and Urban Development. |
| **Frances Nelson Health Center**<br> *p. 19, 21* | Federally Qualified Health Center. Services offered: Primary care, prenatal program, immunizations, health education, social services, mental health, and food assistance. Walk-ins welcome.  
Languages: Spanish, French, Mandarin, others languages available via phone translation including American Sign Language |
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<tr>
<td><strong>Friends of Champaign County</strong>&lt;br&gt; <em>p. 16</em></td>
<td>Located inside the Champaign-Urbana Public Health District. Open Thursday from 1–3 pm.</td>
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<td><strong>Goodwill</strong>&lt;br&gt; <em>p. 9</em></td>
<td>Sells donated goods such as clothing, kitchenware, and furniture at a low cost.</td>
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<td><strong>Grace Lutheran Church</strong>&lt;br&gt; <em>p. 16</em></td>
<td>Food bank. Open Thursdays from 10am–12pm. Individuals can only visit once per month and must meet income guidelines. Bring your own container for food. Also have staff available to offer nutrition advice and help with health insurance information.</td>
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<tr>
<td><strong>Habitat for Humanity of Champaign County</strong>&lt;br&gt; <em>p. 26</em></td>
<td>Subsidize low-income families so that they can buy houses and provide regular education about pre- and post-housing purchases. Contact: Sheila Dodds or Michelle Stallmeyer.</td>
</tr>
<tr>
<td><strong>Hamilton on the Park</strong>&lt;br&gt; <em>p. 26</em></td>
<td>Privately-owned housing with project-based voucher from Housing Authority of Champaign County. Apply directly to the property owner or manager.</td>
</tr>
<tr>
<td><strong>Healthy Beginnings</strong>&lt;br&gt; <em>p. 19</em></td>
<td>Offers home visits from a nurse throughout pregnancy and the child’s first two years of life. All visits happen in the client’s home or choice of public location. Services are free. Enrollees do not have to have insurance, proof of income, or be a Carle patient. First time mothers must be less than 28 weeks pregnant, and mothers with other children just need to enroll before delivery. Also starting a program for mothers with opioid addiction, and they are allowed to enroll up to one month post-delivery. Languages: has access to Carle’s interpretive services</td>
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### Hi-II

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<tr>
<th>Service</th>
<th>Description</th>
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<tr>
<td><strong>Highland Green Apartments</strong></td>
<td>This apartment complex has some subsidized units and many that are not subsidized. If you sign a lease for full rent, you’ll owe full rent with no subsidy.</td>
</tr>
<tr>
<td><strong>Homestead Apartments</strong></td>
<td>Privately-owned housing with project-based voucher from Housing Authority of Champaign County. Apply directly to the property owner or manager.</td>
</tr>
<tr>
<td><strong>Housing Authority of Champaign County</strong></td>
<td>The Housing Authority of Champaign County has a lot of information about subsidized housing in the area. Individuals can also apply for subsidized housing directly on their website.</td>
</tr>
<tr>
<td><strong>Illinois Department of Employment Security (IDES)</strong></td>
<td>IDES encourages economic growth and stability in Illinois by providing employment services to individuals. The organization connects talented workforce to the education, training and jobs necessary to keep the community strong. Job fairs and workshops available. IDES offers to free job postings and recruiting. IllinoisJobLink.com connects job seekers to employers in Illinois and throughout the country.</td>
</tr>
<tr>
<td><strong>Illini Christian Ministries Safe Families Program</strong></td>
<td>This is an alternative to foster care for families in need of short-term care for their children. Works with volunteer host families in the community to provide a safe place for children when a family is going through a more long-term crisis than what Crisis Nursery can provide. Languages: English but can get an interpreter for Spanish speakers</td>
</tr>
<tr>
<td><strong>Illinois Human Resources Job Board</strong></td>
<td>The place to find and track all current job openings at University of Illinois at Urbana-Champaign.</td>
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<tr>
<td><strong>Illinois Small Business Development Center (SBDC)</strong></td>
<td>Program devoted to helping small businesses grow. Confidential and private advisory support and training assistance is available to small businesses throughout the region at no charge. See website for full list of advisory and training services.</td>
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<td><strong>Im–Jo</strong></td>
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| **The Immigration Project** | Offers individual attorney consultations and evaluations on immigration issues. Topics include citizenship, assistance for victims in crimes, family reunification and more.  
*Languages: English and Spanish* |
| p. 4, 8, 31 |
| **International Hospitality Committee English Classes** | Free English classes that meet once each week for 90 minutes and usually follow the U of I semester schedule. For information on class times and location, call or visit the website. |
| p. 6 |
| **International Hospitality Committee Friendship Group** | Informal group of U.S.-born and foreign-born individuals that get together semi-regularly to form friendships, learn about other cultures, become familiar with Champaign-Urbana, and practice English. |
| p. 5 |
| **International Women’s Connection** | Group for international women to make friends, practice English, and learn about American culture. All levels of English speakers are welcome. Childcare is available with a suggested $2 donation.  
*English class meets on Wednesdays from 9am–10am.*  
*Cultural Exchange program meets Wednesdays from 10:30am–11:30am.* |
| p. 5 |
| **Jacqueline Thomas | The Rock Counseling Group** | Licensed clinical social worker whose areas of expertise are: Trauma, depression, couples’/family therapy, anxiety and eating disorders, women’s issues and more for young teens and adults.  
*Languages: English and Spanish* |
| p. 22 |
| **John M. Wilkie, Attorney at Law** | Focuses on legal problems involving criminal defense, DUI and traffic offenses, immigration and naturalization. Free initial consultation is available.  
*Languages: English and Spanish* |
<p>| p. 29, 31 |
| <strong>Jones Optical</strong> | Accepts Medicaid for vision exam. Offers pediatric and adult eye exams, glasses, contacts, management of ocular diseases, LASIK and more. Visit website for a full list of services. |
| p. 23 |</p>
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<tr>
<td><strong>The Jubilee Café</strong></td>
<td>Located in the basement of the Community United Church of Christ. Provides fresh, home-cooked meals every Monday from 5pm–6:30pm to college students, as well as local residents, who struggle with food insecurity.</td>
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<td><em>p. 16</em></td>
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<tr>
<td><strong>Kids Plus Before and Afterschool</strong></td>
<td>An alternative to childcare provided through the Champaign Unit 4 School District. Program runs from 7am until the start of school and from the end of school until 6pm. See website for school locations.</td>
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<tr>
<td><strong>La Colectiva We Dream, We Act Scholarship</strong></td>
<td>The “We Dream, We Act” Scholarship is awarded to University of Illinois students that have demonstrated involvement in his/her community. The Scholarship is funded and administrated by La Colectiva. Open to all DACA-eligible students at the University of Illinois Urbana-Champaign. Must have a minimum GPA of 2.5 and demonstrate community involvement. Visit website to apply.</td>
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<tr>
<td><strong>Land of Lincoln Legal Assistance Foundation</strong></td>
<td>Provides free civil legal services to low-income individuals and senior citizens. Assistance ranges from telephone advice to representation in court or administrative hearings. Lincoln does not handle any criminal cases, including traffic cases. Lincoln assists problems that deal with housing, family, consumer, public benefits and health, education, and senior services.</td>
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<tr>
<td><strong>Launch at the Library Business Services</strong></td>
<td>Located at the Champaign Public Library, Launch provides a large co-working space, meeting rooms, seminars, and resources to help start, grow, and manage a business. Check out their website for more information about all of their services.</td>
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<tr>
<td><strong>Law Office of Jason L. Spangehl</strong></td>
<td>Manages law office focused on immigration and business development services. He provides ethical guidance, designs and drafts contracts, advises on regulations and legal requirements, and advocates directly for clients. Spangehl has been an attorney for 6+ years, focusing on governance, policy and operational processes.</td>
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| **Law Office of Lauren A. Anaya**  
* p. 8, 29, 31 | Free consultation, dealing with topics such as criminal defense, DUI, traffic violations, personal estate planning and family law. Attorney Anaya has over 20+ experience in the practice of law. |
| **LGBT Resource Center**  
* p. 10 | Hosts programs and events to foster an environment that is open, safe, and inclusive for people of all sexual and gender identities. Also offers support groups and referral services for members of the LGBTQ community. |
| **Manpower**  
* p. 13 | This is a staffing agency. They have jobs listed on their website that individuals can apply for or the agency can help connect individuals with jobs. The jobs are often temporary but long-term employment is also available. See website for more details. |
| **Matt Kuenning | Erwin, Martinkus, & Cole, LTD**  
* p. 8, 31 | An immigration attorney who focuses exclusively on immigration and naturalization law. Has had a previous profession as an adjunct professor teaching Immigration Law at UIUC and was a member of the American Immigration Lawyers’ Association.  
Languages: Spanish and English |
| **Matthew Peek | Erwin, Martinkus, & Cole, LTD**  
* p. 29 | Areas: Family Law, Personal Injury, Landlord-Tenant Issues, and more.  
Languages: English and Spanish |
| **Mattis Avenue Free Methodist Church**  
* p. 6 | Offers free conversation in English classes for all levels of English speakers. Classes that meet on Sundays also offer free childcare.  
For Fall Semester 2018, class times, see their website. |
| **Myler Automotive Repair Inc.**  
* p. 32 | Provides full service auto repair and maintenance for domestic and import cars, light duty trucks, and SUVs. Services: brake and electrical systems, steering and suspension, transmission repair, window motors and regulators and a lot more. Quick service, fair pricing, problems explained in detail by technicians. |
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<td><strong>Narcotics Anonymous</strong></td>
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<td><strong>Neutral Cycle</strong></td>
<td>p. 33</td>
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<td><strong>New American Welcome Center (NAWC)</strong></td>
<td>p. 8, 10, 28, 29</td>
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<td><strong>New Life Faith Christian Fellowship</strong></td>
<td>p. 16</td>
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<td><strong>Oakwood Trace Townhouses</strong></td>
<td>p. 27</td>
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<td><strong>Office of Student Financial Aid (OSFA)</strong></td>
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<tr>
<td><strong>Parkland Financial Aid</strong></td>
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<td><strong>Parkland College Adult and Workforce Education</strong></td>
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<td><strong>Parkland Dental Hygiene Clinic</strong></td>
<td>Thorough consultation with nutritional counseling and dental care education tailored to you. Takes a complete medical history, including blood pressure. Free dental cleanings. Following procedures may be provided: oral examination, oral cancer screening, x-rays, fluoride application, and more.</td>
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<td><strong>P.A.T.S. Prevention and Treatment Services</strong></td>
<td>Adult Services: DUI evaluations, DUI risk education, substance abuse evaluation and treatment, partner abuse intervention program, anger management evaluation and treatment, mental health evaluations, cognitive behavioral therapy, and parenting classes Youth services: social skills, problem solving, aggression replacement training, and exercise program Languages: English and Spanish, French when needed</td>
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<td><em>p. 11, 22</em></td>
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<tr>
<td><strong>The Pavilion</strong></td>
<td>The programs and services include Inpatient Medical Detoxification, Dual Diagnosis Treatment, Residential/Partial Hospital Treatment, and Substance Abuse Treatment. Individual, family and group therapy, family education, individualized treatment plan, evaluations/assessments, and 24-hr nursing care offered.</td>
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<tr>
<td><strong>Planned Parenthood</strong></td>
<td>Provides women, men, and teens with confidential reproductive healthcare. Offers discounted fees to patients that qualify. Also accepts forms of commercial insurance as well as Medicaid.</td>
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<td>READY Program</td>
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<td><strong>Restoration Urban Ministries</strong></td>
<td>As often as possible, meat, dairy and fresh products are supplied, though most commonly supplied items are canned and boxed. Hours: Monday, Tuesday, Thursday, and Friday from 10am–1pm</td>
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<tr>
<td>**Restore</td>
<td>Habitat for Humanity of Champaign County**</td>
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<tr>
<td><strong>Right Solution Auto Repairs</strong></td>
<td>Offers full automotive service: Oil Change, diagnostic, brakes, suspensions, starter, alternators, coolant system, A/C, exhaust system, mufflers, catalytic converters, exhaust manifolds.</td>
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<tr>
<td>**Roaa Al-Heeti</td>
<td>Dodd &amp; Maatuka**</td>
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<tr>
<td><strong>Rosecrance</strong></td>
<td>Works with victims or survivors of substance abuse and serves people dealing with mental health issues. Consultations, intensive outpatient treatment, support groups and community education services are offered to people of all ages.</td>
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<tr>
<td><strong>Round Barn Manor</strong></td>
<td>One-bedroom units for age 62 or older or person of any age with disability.</td>
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<tr>
<td><strong>Ruth E. Wyman Law Office LLC</strong></td>
<td>Areas of Expertise: Family law, criminal defense, traffic offenses, and real estate sales. Languages: English and Spanish</td>
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<tr>
<td><strong>St. Andrew’s Lutheran Campus Center</strong></td>
<td>Offers a free community meal on Wednesdays followed by fellowship, Bible study, and discussion. Showers available for women Tuesdays and Fridays from 10:30am–2pm during Austin’s Place operating season (December 1, 2018–March 15, 2019).</td>
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### Sa–Sa

<p>| <strong>Saint Joseph Animal Hospital</strong>&lt;br&gt;<em>p. 18</em> | Provides comprehensive pet care at a decent rate. Contact their office for more information about pricing. |
| <strong>St. Luke CME Food Pantry</strong>&lt;br&gt;<em>p. 17</em> | Food bank. Hours: Third Saturday of the month from 10am-12pm |
| <strong>St. Vincent DePaul–Champaign</strong>&lt;br&gt;<em>p. 17</em> | Food bank. Located inside Holy Cross Church. Hours: Call church for an appointment. |
| <strong>St. Vincent DePaul–Urbana</strong>&lt;br&gt;<em>p. 17</em> | Food bank. Located inside St. Patrick Parish Center. Hours: Monday–Thursday, 4:30pm–5pm |
| <strong>Salt &amp; Light Ministries</strong>&lt;br&gt;<em>p. 9, 12, 14, 17</em> | The thrift store carries a variety of items ranging from clothing, shoes, jewelry to kitchenware, books and furniture. If one is unable to purchase items, they can earn volunteer credit to spend in the thrift store. The Urbana location is also a full grocery store. If anyone is unable to purchase items they can earn volunteer credit to spend on groceries. Also offers a Workplace Readiness program, with classes on Job Preparedness and Financial Education, with opportunities for practical work experience. Admission to the program is based on a resume and interview process. The cost of participation is $30. |
| <strong>Salvation Army</strong>&lt;br&gt;<em>p. 9, 25</em> | Provides financial assistance like helping out with bills or basic needs. The organization may have free food, rental assistance, clothing, funds for paying utility bills and more. <em>English classes</em> |
| <strong>Salvation Army Pantry</strong>&lt;br&gt;<em>p. 17</em> | Food bank. Hours: Monday, Wednesday, Thursday, and Friday from 9am-4pm; Tuesdays from 9am-5pm |</p>
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<td><strong>Salvation Army Stepping Stone Program and Daytime Warming Center</strong></td>
<td>The Stepping Stone Program will house men, women, and families who present as homeless and who commit to the program. Capacity is two families or individuals; agencies must contact the Program Manager before referring. The Salvation Army Red Shield Center also serves as a daytime warming center from 9am–4pm, Monday through Friday. When requested by County Emergency Management, warming space will also be available on weekend at 502 N. Prospect Ave from 9am–4pm.</td>
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<tr>
<td><strong>Sistering CU</strong></td>
<td>They offer free volunteer support for families with new babies. A volunteer will come to the family’s home for 2 hours, 1 time per week for 12 visits and will help with anything the parent needs (for example, caring for baby or older children, folding laundry, or simply providing conversation).</td>
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<tr>
<td><strong>SmileHealthy</strong></td>
<td>Provides oral health care to the community. A sliding discount is available for income eligible clients. In-person interpretation and resources available in Spanish, Mandarin and French.</td>
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<td><em>p. 19, 20</em></td>
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<td><strong>Smile Politely</strong></td>
<td>A culture magazine that focuses on hyper-local topics.</td>
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<tr>
<td><strong>Stevick Senior Center</strong></td>
<td>Free tax services to older individuals, downtown location easily accessible by public transport</td>
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<tr>
<td><strong>Stone Creek Food Pantry—Urbana</strong></td>
<td>Located inside Grace and Quest Church Building. Serving Champaign, Urbana, Rantoul, and surrounding areas. Families and individuals are welcome to come each week.</td>
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<tr>
<td><em>p. 17</em></td>
<td>Hours: Mondays from 10:30am–1:00pm. Get there early.</td>
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<td><strong>Student Employment Virtual Job Board Office of Student Financial Aid</strong></td>
<td>The place to find and tack all student campus jobs available at University of Illinois at Urbana-Champaign.</td>
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<td><strong>Student Legal Services</strong>&lt;br&gt;University of Illinois at Urbana–Champaign</td>
<td>Areas: housing/tenant issues, traffic tickets, auto accidents and insurance problems, misdemeanor charges, city ordinance violations, certification of photocopies and documents, consumer issues, small claims, Power of Attorney documents for financial matters for Study Abroad students or for medical matters, name changes, notary services, etc.</td>
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<td><strong>Student Money Management Program</strong>&lt;br&gt;University Student Financial Services and Cashier Operations</td>
<td>Free, individual financial education in addition to in-person and online, financial education. Contact: Andrea Pellegrini.</td>
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<td><strong>Sunnycrest Manor</strong></td>
<td>One-bedroom units for age 55 or older subsidized by the Department of Housing and Urban Development.</td>
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<td><strong>Three Spinners</strong></td>
<td>Welcomes immigrants and refugees to Champaign-Urbana with immediate support for basic needs through short, long-term, and emergency housing.</td>
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<td><strong>Three Spinners Education for All Scholarship</strong></td>
<td>A scholarship for international students at local high schools to attend Parkland College. Visit website for details about eligibility, deadlines, and how to apply.</td>
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<td><strong>TMS Auto Care</strong></td>
<td>Willing to work with damage through results of accidents, regular wear and tear, or in need of an oil change. Provides a full range of vehicle services, including auto repair and maintenance, auto electric and brake repair, and more.</td>
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<td><strong>UIC (University of Illinois at Chicago) Specialized Care for Children</strong></td>
<td>They support the following areas: accessing free diagnostic tests, finding specialized medical care, using insurance and All Kids/Medicaid, preparing for transition and communicating with doctors, schools and specialists. To qualify for financial assistance, you must meet their income guidelines (helps cover payment for specialized medical treatment like surgery, medication, therapy and other aids).</td>
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| **University of Illinois Extension’s Money Mentor Program**  
*p. 14* | Provides free, individual financial coaching and education.  
Languages: Other languages available when needed |
| **Upwardly Global**  
*p. 13* | Helps immigrants and refugees overcome employment barriers and becomes meaningful contributors to the U.S. workforce. Offer customized training, online courses, and staff coaching. |
| **The Urbana Free Library**  
*p. 14* | Provide free tax form in English. They can also assist with finding and printing forms in other languages. |
| **Urban Park Place**  
*p. 26* | Privately-owned housing with project-based voucher from Housing Authority of Champaign County. Apply directly to the property owner or manager. |
| **Urbana Adult Education Center**  
*p. 6, 8* | Educational and career services are provided to community members. Programs consist of GED, High School Diploma, English Language Acquisition, CNA, Continuing Education and Career Development.  
Also offers Citizenship Classes to help individuals prepare for the naturalization interview. Call for more information or to get on the waitlist.  
Languages: English and Spanish |
| **Urbana Free Library**  
*p. 14* | Receives a supply of tax forms and gladly assists in finding other forms through the IRS website. Printing from the library costs 15 cents/page in B&W and 75 cents/page for color.  
This is also a Project READ location on Mondays from 9:30am–11:30am. |
| **Urbana Park District**  
*p. 10* | The Urbana Park District has a total of 22 parks and natural facilities. It offers a wide range of opportunities for the whole family. Visit the website for a full list of upcoming events and programs. |
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<td><strong>Visit Champaign County</strong></td>
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<td><strong>The Vineyard Food Pantry</strong></td>
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<td><strong>Walmart Supercenter Vision Center</strong></td>
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<td><strong>Walmart Vision &amp; Glasses</strong></td>
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<td><strong>Warm-A-Kid Drive</strong></td>
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<td><strong>Weatherization Services Champaign County Regional Planning Commission</strong></td>
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<td><strong>Wesley Evening Pantry</strong></td>
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<td><strong>Wesley Foundation</strong></td>
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<td><strong>Wesley Foundation, International Coffee Hour</strong></td>
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<td><strong>Wesley Pantry at Parkland College</strong></td>
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<td><strong>Windsor Road Christian Church</strong></td>
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<td><strong>Workforce Innovation and Opportunity Act (WIOA) at Champaign County Regional Planning Commission (CCRPC)</strong></td>
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<tr>
<td><strong>YourewelcomeCU.com</strong></td>
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Acknowledgements

Thank you to the following organizations for informing our resource guide:

Find a resource you like, but need help contacting them? Reach out to the New American Welcome Center (217-417-5897), and we’ll be happy to help!

Are we missing something? Is there a resource you know of that you do not see listed in this guide? Tell us about it. Email lalinea@universityymca.org so that we can include it in the next iteration of this guidebook.

Oasis Resource Center. Want to share this guidebook but don’t want to part with your copy? Every resource can also be found online at our Oasis Resource Centre: www.universityymca.org/welcome/oasis